



ACT Prep Checklist

So your ACT Test is fast approaching. Use the following checklist to make sure you have done all the little things leading up to the ACT Test:

- Download checklist

Make sure to bring:

- An acceptable photo ID
 - School ID
 - Driver's license
 - Passport
- Extra pencils (#2 pencils)
- A good eraser
- An ACT approved calculator
 - You may use any four-function, scientific, or graphing calculator, unless it has features described in the Prohibited Calculators list. Check the ACT website (<http://www.actstudent.org/faq/calculator.html>) for more information.
- Extra batteries for your calculator
- A watch
 - Cell phones are not allowed
- A water bottle and snack
 - Be conscious of limited bathroom breaks

Make sure NOT to:

- Cram the night before or morning of the exam
- Bring your cellphone (or if you have to bring it double check that it is off because the ACT may keep any phone they take. Just being on silent is not enough.)

Make sure to:

- Do a practice run prior of getting to testing location
- Sleep at least 8 hours the night before
- Wake up a few hours prior to the exam
 - This way you can avoid being groggy
- Eat a healthy breakfast
 - Whole grain cereal
 - Hard boiled egg
 - Orange juice
 - Fruit
- If you are a coffee or tea drinker have a single cup
 - A caffeine headache can be a major distractor
- Dress for success
 - Your clothing should put you in the right frame of mind
 - At the same time make sure you are comfortable
- Dress in layers in anticipation of either a cold or warm testing room