Sophia Learning

COLLEGE1001 - College Readiness (3 Semester Credits)

COURSE DESCRIPTION

Sophia's College Readiness course helps you prepare for an excellent higher education experience. By completing this course, you will become oriented to the experience of higher education, develop strategies to perform your best while in school, and create plans to achieve your academic and career goals.

COURSE EFFECTIVE DATES: January 2020 - Present

PREREQUISITES: No prerequisites

LENGTH OF COURSE: This is a self-paced course. Students may use as much or as little time as needed to complete the course.

ACE CREDIT® RECOMMENDATION: In the lower division baccalaureate/associate degree category, 3 semester hours in college readiness and preparation.

GRADING: This is a pass/fail course. Students must complete 8 Challenges (formative assessments), 4 Milestones (summative assessments), and 1 Touchstone (project-based or written assessment) with an overall score of 70% or better.

LEARNING OUTCOMES

Upon completion of the course, the student will be able to:

1. Choose the right course for their needs and interpret the course syllabus to understand success criteria
2. Interact with instructors and peers in a manner that is respectful and constructive to the learning experience
3. Recognize unethical behavior in higher education and avoid plagiarism and cheating
4. Use proven strategies to optimize effectiveness and efficiency as a learner
5. Practice fundamental self-care that is required for academic life
6. Use proven strategies to advance academic skills
7. Set academic goals and create plans to achieve them
8. Set professional goals and create plans to achieve them

OUTLINE OF MAJOR CONTENT AREAS

- Course Preparation
- Learning Collaboratively
- Academic Integrity
- Performance Optimization
- Academic Skills, Part 1
- Academic Skills, Part 2
- Academic Goals
- Professional Goals

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